



**ASH WEDNESDAY RETREAT DAY
WHAT IS THE INVITATION OF THIS SEASON?**

To accept our mortality in hope; to repent of our sinful ways; to reform everything anti-life and anti-Christ—these must be the chief goals of our Lenten efforts, which we begin well with ashes and Bread. Begin this season by giving a day for prayer and reflection on these goals for yourself. The day will include Liturgy and the distribution of ashes

Presenter: **Rev. Richard Rento**
Chaplain at Seabrook Village in Tinton Falls and a regular
broadcaster on Station WPAT.

Date: Wednesday, February 22, 2012

Time: 9:30 am – 2:30 pm (includes 11:30 Liturgy with Ashes)

Place: Upper Room Spiritual Center
3455 W. Bangs Avenue, Building 2
Neptune, NJ 07753 (behind Holy Innocents School)

Fee: \$50 - \$60 (Light lunch included)

Registration required with a \$20 deposit by Feb. 15th .

Ash Wednesday Retreat Day	Wednesday, February 22, 2012
Name: _____	Amt. Encl: _____
Address: _____	Phone: _____
City/State/Zip _____	
E-mail _____	

Please Mail to the
Upper Room Spiritual Center
3455 W. Bangs Avenue, Building 2, Neptune, NJ 07753
732-922-0550 or e-mail: office@theupper-room.org