



## ***KNITTING AND PRAYER***

Learn how to combine your knitting/crocheting skills, prayer and compassion and be rewarded with the satisfaction of creating a prayer shawl.  
Little or no experience required.

**Presenter:** Lois Dougherty & Mary Reidy  
Spiritual Directors at the Upper Room and experienced knitters.

**Dates:**      **Wednesdays: 2018**      **September 19**  
   **October 17**  
   **November 14**  
   **December 12**

**2019**      **January 16**  
   **February 20**  
   **March 20**  
   **April 17**  
   **May 15**

**Time:**      1:30 - 3:30pm

**Place:**      Upper Room Spiritual Center  
                         3455 W. Bangs Avenue, Building 2  
                         Neptune, New Jersey 07753  
                         732-922-0550 or e-mail [office@theupper-room.org](mailto:office@theupper-room.org)

***Free Will Offering***

**Participants do not need to attend all sessions.**