



## *KNITTING AND PRAYER*



Learn how to combine your knitting/crocheting skills, prayer and compassion and be rewarded with the satisfaction of creating a prayer shawl. Little or no experience required.

- Presenter:** Lois Dougherty  
A spiritual director of the Upper Room and a very experienced knitter.
- Dates:** Wednesdays: September 21<sup>st</sup>, October 19<sup>th</sup>,  
November 16<sup>th</sup>, December 14, 2011, January 18<sup>th</sup>,  
February 15<sup>th</sup>, March 14<sup>th</sup>, April 18<sup>th</sup>, and  
May 16, 2012.
- Time:** 1:30 - 3:30pm
- Place:** The Upper Room Spiritual Center  
3455 W. Bangs Avenue, Building 2  
Neptune, New Jersey 07753  
(Behind Holy Innocents Church)  
phone: 732-922-0550  
e-mail: [office@theupper-room.org](mailto:office@theupper-room.org)
- Fee:** \$15 per session

**Participants do not need to attend all sessions.**