



Lenten Desert Day

A voice cries out in the wilderness, 'Prepare the way of the Lord.'

Come and be nourished body and soul! This Lenten retreat day offers a brief reflection on a Lenten topic, quiet time, Eucharistic Liturgy, and a light lunch. Take some time during this sacred season.

Presenter: Trudy Ahern, SSJ

Date: Thursday, March 21, 2019

Time: 9:30am-2:30pm

Place: Upper Room Spiritual Center
3455 W. Bangs Avenue, Building 2
Neptune, NJ 07753
732-922-0550 or email office@theupper-room.org

Fee: \$30~\$50 (sliding scale) light lunch included

Registration with a \$10 deposit by March 14th

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Name: _____

(If using credit card, please make sure name is as it appears on credit card)

Billing Address: _____

City/State/Zip _____

Phone:(H) _____ (C) _____

Email _____ Amt.Enc. _____

Credit Card# _____ Exp. Date _____ Sec. Code _____

Please mail to the Upper Room at the above address.