



**Professional Day for Spiritual Directors,  
Therapists, Health Care Practitioners and Professional Ministers**

**The Spiritual Companion:  
Tending to Our Own Call to Holiness and Wholeness**

St. Paul writes to Timothy, “Stir into flame the gift God has given you.” Our primary call is to tend to the embers deep within and allow God to enflame our hearts with ever greater love. Therefore, we must be aware of the doubts, fears, and behaviors that could dwindle, if not extinguish, these holy embers and God’s Spirit within each of us.

Drawing on the wisdom of Scripture, Christian writers such as Robert Wicks, Joyce Rupp, Ron Rolheiser, and psychologist John Cecero, S.J., we will explore the necessity of healthy self-care for spiritual directors, pastoral caregivers and others.

**Presenter:** George Collins, SJ, STL

George is the Director of Loyola Jesuit Center, Morristown, where he works as a retreat and spiritual director.

**Date/Time:** Wednesday, October 2, 2019 from 9:30am to 4:00pm

**Place:** Upper Room Spiritual Center  
3455 W. Bangs Avenue, Building 2, Neptune, NJ 07753  
732-922-0550 or email [office@theupper-room.org](mailto:office@theupper-room.org)

**Fee:** \$75~\$125 (continental breakfast and lunch included)

**Registration with full payment by September 25th**

**Holiness and Wholeness**

**Wednesday, October 2, 2019**

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**Please mail to the Upper Room at the above address.**