



Family Systems and Spirituality

Our first experience with “systems” is the family into which we are born. Systems, especially family, have enormous influence on our mind/body/spirit and our experience of self, others, and God.

Family systems organize, structure, and determine roles, behaviors, and interactions within and beyond the family unit. While these are essential to growth and development, family systems can also constrict and adversely impact personal and spiritual development throughout life.

This day will explore ways that family systems theory and principles can help support spiritual directors in their ministry through a combination of input, process, and reflection.

Presenter: John Collins, C.S.sR, LCSW

Redemptorist priest and licensed clinical social worker, John is on the staff of San Alfonso Retreat House in Long Branch, NJ while continuing his work as a psychotherapist in practice in NYC

Date: Thursday, March 1, 2018

Time: 9:30am to 4:00 pm

Place: Upper Room Spiritual Center
3455 W. Bangs Avenue, Building 2, Neptune, NJ 07753
732-922-0550 or email office@theupper-room.org

Fee: \$75-100 (includes lunch)

Full payment or \$40 deposit required by February 22, 2017

Family Systems and Spirituality Thursday, March 1, 2018
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(If using credit card, please make sure name is as it appears on credit card)

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