

## REFLECTING ON THE GIFT OF YEARS

Benedictine writer Joan Chittester tells us that the gift of our older years is not merely being alive, it is the gift of becoming more fully alive than ever! Let's reflect on this time of life with its gifts and many challenges using the wisdom of Sr. Joan and our own understandings as we too grow in wisdom, age, and grace.

Come and discover or grow more appreciative of the "Gift of Years."

The time will include liturgy and a light lunch.

**Presenter:** Maureen Christensen, RSM  
Co-Director of the Upper Room

**Date:** Thursday, January 26, 2012

**Time:** 10:00 am – 2:00pm

**Place:** Upper Room Spiritual Center  
3455 W. Bangs Avenue, Building 2  
Neptune, NJ 07753 (Behind Holy Innocents School)

**Fee:** \$25 - \$35

Registration with a \$15 deposit by Jan. 19<sup>th</sup>

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Thursday, January 26, 2012

Name: \_\_\_\_\_ Amt. Encl: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City/State/Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Please Mail to the  
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3455 W. Bangs Avenue, Building 2, Neptune, NJ 07754  
732-922-0550 or e-mail: [office@theupper-room.org](mailto:office@theupper-room.org)