

***“Nothing Is More Practical Than Finding God...”
(Pedro Arrupe, S.J.)***



***SIX-DAY
DIRECTED RETREAT***

A directed retreat invites us to be especially attentive to the movement of the Holy Spirit within an atmosphere of solitude and silence. Regular meetings with an experienced director provide opportunities for talking about one’s prayer in order to discern how to listen carefully to what God is saying in one’s life. Scripture and life experience provide the primary material for prayer. This retreat is offered in the spirit of the Spiritual Exercises of St. Ignatius of Loyola.

Facilitator: Upper Room Spiritual Directors
Date: Friday, May 18 – Friday, May 25, 2018
Time: 7:00 pm Arrival
10:30 am Departure
Place: Upper Room Spiritual Center
3455 W. Bangs Avenue, Building 2
Neptune, NJ 07753
(Behind Holy Innocents Church)
Fee: \$550 (seven nights)

Reservation with a \$100 non-transferable and non-refundable deposit required by May 11th

Six Day Directed Retreat

Friday, May 18– Friday May 25, 2018

Name: _____ **Amt. Encl:** _____

Address: _____ **Phone:** _____

City/State/Zip _____

E-mail _____

Credit Card# _____ **Exp. Date** _____

**Please mail to the Upper Room at the above address, call
732-922-0550 or e-mail: office@theupper-room.org**