

The Blessing of Years: The Best is Yet to Come
(A Program for the Maturing Adult)

Benedictine writer Joan Chittester tells us that the gift of our maturing years is not merely being alive, it is the gift of becoming more fully alive than ever! Indeed, the best is yet to come! How do we approach aging...loving it, hating it, or somewhere in between? Is it a blessing or a curse...or a little of both? As we “grow older and wiser,” how do we comfortably “claim our place at the fire”? Come for a day of reflection on living life in the second half to the fullest.

Presenter: **Maureen Christensen, RSM**
Upper Room Co-Director

Date: Thursday, April 26

Time: 9:30am – 2:30pm

Place: Upper Room Spiritual Center
3455 W. Bangs Avenue, Building 2, Neptune, NJ 07753
732-922-0550 or email office@theupper-room.org

Fee: \$40 ~ \$75 (Liturgy and Lunch included.)

Registration with full payment required by April 19th.

Name: _____

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Please mail to the Upper Room at the above address.