

***“Nothing Is More Practical Than Finding God...”***  
***(Pedro Arrupe, S.J.)***



***THREE-DAY  
DIRECTED RETREAT***

A directed retreat invites us to be especially attentive to the movement of the Holy Spirit within an atmosphere of solitude and silence. Regular meetings with an experienced director provide opportunities for talking about one’s prayer in order to discern how to listen carefully to what God is saying in one’s life. Scripture and life experience provide the primary material for prayer. This retreat is offered in the spirit of the Spiritual Exercises of St. Ignatius of Loyola.

**Facilitator:** Upper Room Spiritual Directors

**Date:** Thursday, August 2 - Monday, August 6, 2018

**Time:** Arrival – 7:00 pm  
Departure – 10:30 am

**Place:** Upper Room Spiritual Center  
3455 W. Bangs Avenue, Neptune, NJ 07753  
(Behind Holy Innocents Church)

**Fee:** \$300 (four nights)

**Reservation with a \$75 non-transferable and non-refundable deposit  
required by July 27, 2018**

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**Three-Day Directed Retreat Thursday, Aug. 2 – Monday, Aug. 8, 2018**

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City/State/Zip** \_\_\_\_\_

**Phone(H)** \_\_\_\_\_ **(C)** \_\_\_\_\_

**Email** \_\_\_\_\_ **Amt.Enc.** \_\_\_\_\_

**Please mail to the Upper Room Spiritual Center at the above address.**